

There are 2 ways to register and pay for this event:

- ◆ Fill out the registration form on the other side and mail it with a check to the VHC address located on the form by August 4, 2023. Make the check payable to VHC.
- ◆ Go to the VHC website at [www.vhcbells.org](http://www.vhcbells.org) and fill out the registration form online. There is a Paypal Buy Now button located on the page and you can pay for the event with a credit card.

Walk-ins will be accepted if space is available. It is highly recommended that you pre-register to ensure your participation



All music for this workshop is provided courtesy of Handbell World (Jeffers) and may be purchased at a discounted price at the end of the workshop. Please do not mark or bend the pages while sight reading. Thank you for helping us return the music in the same shape as it was provided!

**Virginia Handbell Consort**  
**PO Box 64591**  
**Virginia Beach, VA 23467**  
**[www.vhcbells.org](http://www.vhcbells.org)**

**Virginia Handbell Consort**



## **Triple R Workshop**

**Reboot**

**Refresh**

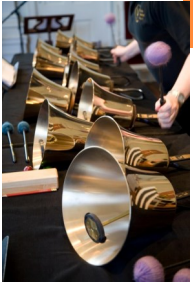
**Ring**



**Saturday, August 19, 2023**  
**9 am to 3:30 pm**

**First Presbyterian Church**  
**Hampton**  
**514 S. Armistead Ave.**  
**Hampton, VA 23669**

*Sharing the Joy of Ringing*



## Triple R Goals

This workshop is designed to enhance the skills of handbell ringers and directors after the recent pandemic. The Director's track will be led by Al Reese, director of Virginia Handbell Consort. The Ringer's track will consist of 4 classes taught by experienced VHC ringers/instructors. The classes are all designed to help reboot your handbell choirs, refresh each ringer's skills, and to have fun while ringing. After all classes are complete, we will all get together and sight-ring new music as a group! Come as a choir or individual ringer. All are welcome! Lunch will be provided.

## Director's Classes

### Directing 101

You will work with Al on basic directing techniques as well as working on your individual areas of concern.

### Practice What You Direct!

This is your chance to put into practice what you learned with Al! You will direct VHC using a prepared piece of your choosing. You will be contacted prior to the workshop to discuss what piece you chose and how the ringers' copies will be obtained.

**Cost per person:  
\$25  
(includes lunch)**

## Ringer Classes

### Back to Basics

This class will go over basic ringing techniques, handbell notation, and the correct way to perform them. This is a good review for choirs that have been on hiatus due to the pandemic and for a beginning group as well.

### Stop the Sound!

Now you have learned how to make the bell ring. How do you make it stop? How do I make the short stopped sounds asked for in the music? This class will teach the techniques for short and stopped sounds utilizing mallets, table pads, and even yourself!

### 4-In-Hand Is a Solution

Playing 4 bells in two hands is usually seen in the high treble bells in most choirs. Choirs struggling to fill positions could use this technique to fill two positions. Even ringers in the middle bells can use this technique to help play accidentals. You will learn the basic 4 in hand techniques and see how they might be able to help your choir.

### Drum Circle

Learn how to become part of a rhythmic community! Drum circle will teach you the art of listening to each other, making music with a beat as a group, and it's fun!!



### Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Ringer/Director: \_\_\_\_\_ Church you represent: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Please mail this form/check to PO Box 64591, Virginia Beach, VA 23467 to arrive no later than August 4, 2023.  
Make all checks payable to VHC